

August 2016

WSFC Newsletter

“An alcoholic in his cups is an unlovely creature. Our struggles with them are variously strenuous, comic, and tragic. One poor chap committed suicide in my home. He could not, or would not, see our way of life.

There is, however, a vast amount of fun about it all. I suppose some would be shocked at our seeming worldliness and levity. But just underneath there is deadly earnestness. Faith has to work twenty-four hours a day in and through us, or we perish.

Most of us feel we need look no further for Utopia. We have it with us right here and now. Each day my friend’s simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men.” BIG BOOK pg 16 – Bill’s Story

One friend shared his story of recovery with another, and a miracle happened. That friend shared the gift he received with even more and more miracles happened. It continues, even today, over 81 years later.

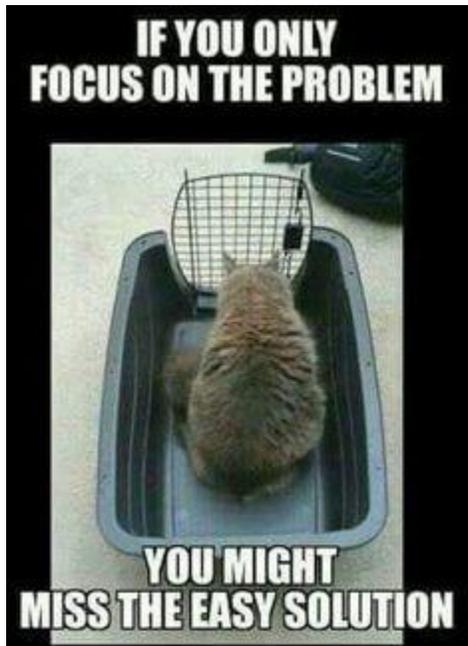
I read Bill’s Story last night and was taken by the simplicity of it all. Ebby shared his experience, strength and hope with Bill and it changed Bill’s life. It made him employable, loveable, tolerable, and useful. I see this happen over and over again today in the rooms of the WSFC. Marriages restored, families reunited, employment retained, and hope discovered. This is the Greatest Show on Earth, and witnessing it fuels my fire to continue seeking recovery. Today I have a life I never dreamed possible. It’s certainly not problem free, but I’ve been given a design for living that works, allowing me to meet each day without needing to drink or drug to face the challenges of life. I’ve been given the precious gift of choice and all I have to do to keep this gift is to give it away, like Ebby did to Bill, Bill did to Bob, and they did to Bill D, and so on.....it is truly a beautiful program.

Grateful!

The 10:00 AM Weekday Meetings Need Your Support!

Peg's Place

This is a special section dedicated to the people looking for something funny from the Club Newsletter, namely Peg. The opinions expressed are NOT Peg's but I think Peg will find them funny.



Alcoholics and Addicts
be like





I never make the
same mistake twice.
I make it five or six
times, just to be sure.

The President's Corner

Summer has been a blast with great weather, a fantastic summer club event and the start of several new adventures in recovery. As I send a daughter away to her first college semester and my son begins to wrap up his final year at Iowa, I can't help but express some gratitude.

I am grateful for a renewed sense of hope in my recovery journey. Today, I was thinking how great it is to have a support system like no other support system backing me up every step of the way. Whether it is a drama filled weekend with my teenage daughters fighting, crying, mothering each other or rebelling against our parenting - or it is my family coming to visit and driving me crazy for a hot minute - or it is my own mistakes with my patient and forgiving spouse where I simply can't help myself from saying aloud what should definitely be filtered, I am beginning to enjoy all of it.

I am grateful for the WSFC and the chance to share in your journey. As isolation transforms into friendships and the relationships grow, I am watching each of you grow and make progress in recovery. That miracle, your progress, is proof that the program works.

August has become a month of gratitude for me - I hope this summer has been as full of hope and awesome experiences for you as well.

Grateful for the WSFC!

In your service,

Greg G

Please share your feedback!! (wsfnewsletter@gmail.com)

A NOTE FROM OUR EVENTS COORDINATOR

I just sat down at my desk, I have put in 12 hours at the club today working the picnic. My feet hurt, my back hurts, I'm tired, and I have put in a lot of hours prior to this picnic preparing. I have financial worries, family problems, lost friendships, lost relationships, and I lost my best friends, alcohol and drugs. My life has been hard in my recovery. These last few weeks have been really hard for me with family, friends, and worries, I have an aching heart for a dear friend who lost her daughter to cancer this week. I'm about to do an amends with my ex-husband tomorrow of 28 years. Wow that is a lot of challenges, but guess what, **I am the happiest I have ever been in my life.** I get it now. The grace and gratitude I heard about, the promises I heard, the hope and strength I heard, the amazing feeling of fellowship I heard about, have all come true for me. I have amazing new women and men in my life that help me stay on that beam, help me continue to learn and grow in all the 12 steps on a daily basis. I am so truly blessed to be a part of this fellowship, this program and to have a relationship with my higher power who gets me, I have no words to describe how I feel. When you told me to be patient, keep coming back, and to work the steps, I always thought, "but you don't understand, this is what I am going through", today I know you do understand what is like, and we have a choice today to make today great.

The picnic was beyond great. Old timers, newcomers, new members, new people to the area, parents, children, cousins, grandkids, neighbors, visitors from out of town, even some K9 friends, all came out today to share in our fellowship at the WSFC. The food and fun were great, the games were fun, the dunk tank was awesome, pies were thrown, we bounced, we laughed, we cried, we talked, we felt, we were honest, open and willing to help out and be ourselves. No one was judged, left out, looked down upon, turned away, no matter how much money they had, no matter how much sobriety they had, no matter what. As I sit here and type this I am in awe of all the amazing people who I was blessed to cross paths with today.

A special thanks to the following people who made today happen. Susan W., DJ T., Shelly M, Jeni M, ,Patti H, Cyndy M, Cindy, Glen M, Breanne B, Diana N, Diane N, Patti L, Ginny D, Watha M, Ada, Hannah, Will, Will, Michelle, Kayla, Beth M, Tom C, Tom S, Steve B, Steve M, Wally C, Dominic C, Charlie M, Diane N, Peggy L, Matt, Eric

S, Pony tail Steve, James K, Sterns, and many more who's names I do not have . It is in giving that we receive and all of you have given so much of your time, care, and hard work to make this day great. Thank you so very much.

Gratefully yours,

Jenny Vetter.

SPOTLIGHT ON SOBRIETY

Name: Steve B

Sobriety Date: 12/18/2004

Hometown: Tuscon, AZ but have been in Naperville for 25 years

Home Group: I use the WSFC as my home group

Favorite thing about the WSFC:

It saved and gave me life.

Meetings every couple hours and a safe place to hang out and learn from people who are like me.

Favorite recovery quotes:

Progress not perfection.

It works if you work it.

It is a WE program.

H.O.W.

To thine own self be true.

Take the steps off the wall and put them in your heart.

What would you have told the newcomer you?

I couldn't hear anything. It was the feeling that I was not unique. I felt better around the people at the club. I felt understood for the first time. There is no shame, guilt or remorse being who and what I am. I was told everything I needed to hear.

Read the Big Book. Study the Big Book.

Why is service important to you?

It helps me get out of my head, gives me something to do, and lets me learn. I was given life through this program. There is nothing I won't do to insure everyone that wants a chance at being happy and sober has it. I am responsible.

Why is being a member of the WSFC important to you?

For me, I needed 1 place to go. 1 place every day any time of the day to be safe. I found that at the WSFC. If the WSFC didn't exist, if it wasn't here, I don't know if I would be either.

My membership is my contribution to insuring the doors remain open for me and everyone else that needs a safe place to go.

Friends, Fellowship, spiritual growth, recovery and a place to watch miracles happen right before my eyes. Here I get to watch and be a part of the Greatest Show on Earth. Drama, comedy, love and horror all in one place.

NEW MEMBERS

Welcome to our family! Thank you for your support!

Jeni M	Matt B
Linda L	Tafe H

It's a great time to invite a friend to join us on our journey!

There are a number of great reasons to both become a member and to keep your membership active. Meetings. Fellowship. Social events. Service. What are your reasons for being a member? I'd love to hear them, let me know at wscnewsletter@gmail.com.

Join today, or renew your membership....your contributions are vital to keeping the doors open.

If you haven't heard already – Club Memberships are now \$50 for the rest of the year!

ANNIVERSARIES – CONGRATULATIONS!!!

July

Kevin S 36	Bonnie M 15	Brian P 3
Karen C 31	Bill H 15	Dan Mc 3
Sean C 31	Frank M 13	Mike W 3
DJ T 28	George P 10	Dan H 2
Jack L 24	Ann Marie H 7	Alex L 1
John H 22	Charley M 4	Tafe H 1



WSFC Co-hosts 3rd Annual Addiction Awareness and Recovery 5 K

On Saturday September 24th at 10 AM the WSFC (along with Linden Oaks and JUST of DuPage) will co-host our third annual "Recovery 5 K".

This event will be held at the Danada Forest Preserve on Naper Blvd in Naperville.

Come out and join us as we literally "trudge the road of happy destiny."

You can register under the Events tab at our website: www.wsfconline.com

Looking forward to seeing you there!

Joe U

UPCOMING EVENTS IN THE AREA

Addiction Awareness and Recovery 5k – September 24th – 10 AM – Danada Forest Preserve, Wheaton, IL

Big Book Conference – October 29 – 9:00 am – 4:00 pm – Wheaton Bible Church, Wheaton, IL
– call Jason @ 312-834-1819 with questions or email niabigbookconference@gmail.com

The WSFC Newsletter welcomes all feedback and input. If you'd like to add, collaborate, participate, etc....let us know at wsfcnewsletter@gmail.com!