

# January 2017

## WSFC Newsletter

***“After they have succumbed to the desire again, as so many do, and the phenomenon of craving develops, they pass through the well-known stages of a spree, emerging remorseful, with a firm resolution not to drink again. This is repeated over and over, and unless this person can experience an entire psychic change there is very little hope of his recovery.” Big Book Page XXIX***

***“They are over-remorseful and make many resolutions, but never a decision.” Big Book Page XXX***

It's January – the time for New Year's Resolutions! Can I have a quick show of hands of all of us who tried at one time or another to quit drinking on January 1 or for Lent? Did it work? (I know, Jack....it worked for you 58 years ago, but the rest of us weren't so lucky) Didn't think so. The Big Book spells it out right away in the Doctor's Opinion – we made resolutions, but never made a decision.

Well, heck, I did too make a decision. I made the decision to quit drinking every year on January 1 but it didn't work, what does Dr. Silkworth mean? How is this decision going to be different?

Well for me, I made a decision to attack my drinking problem with my own will power. I tried every imaginable trick to try and fix my sick mind with my own sick mind. Newsflash – IT DIDN'T WORK – just like it says in the book. Nothing worked until I was beaten into a pitiful state of demoralization – again, just like it says in the book. Only from a position of complete defeat was I able to make a decision to try it the AA way. AND IT WORKED. It always does. I haven't seen AA fail to keep someone sober yet. I haven't seen AA get anyone drunk. I've seen thousands choose to drink, but it was their choice, not AA's.

For me, resolutions don't work, on anything. Even this far into the program, I can't beat anything on my own, I have to make a decision (third step) to do things exactly as it's outlined in the book for it to work (you know, the fun stuff like inventory, confession, restitution and selflessly giving away what I've found).

I hope everyone had a happy, safe and sober holiday season, and I wish you all the best in 2017!

## ANNIVERSARIES – CONGRATULATIONS!!!

### January

<b>Jack O 58</b>	<b>Linda B 14</b>	<b>Joe N 4</b>
<b>Jerry S 37</b>	<b>Mike R 12</b>	<b>Jenny V 3</b>
<b>Alan P 36</b>	<b>Steve B 12</b>	<b>Moe H 2</b>
<b>Richard W 35</b>	<b>Roger R 11</b>	<b>Beth M 1</b>
<b>Charles S 29</b>	<b>Roberta Z 10</b>	<b>Brad R 1</b>
<b>Diane N 29</b>	<b>Mary Jo K 8</b>	<b>Eric S 1</b>
<b>Amy A 19</b>	<b>Bob S 7</b>	<b>Watha M 1</b>
<b>Edward T 19</b>	<b>Craig N 6</b>	
<b>Alison S 15</b>	<b>Adam W 4</b>	

### The President's Corner

#### Kicking off the New Year with some Gratitude

2017 is upon us bringing in a new WSFC board, many new members and old members renewing. We are grateful for all the service our members put in to keep things running smoothly at the club.

Financially, the WSFC ran a positive cash flow for the 2016 year and continued to grow our membership, with meeting attendance strong and recovery vibrant in the west suburbs. We continued to grow the home of our own fund and hope to some day raise enough to allow the club to own rather than rent the space needed to serve the recovery community.

next week, we will host our first WSFC Member appreciation day. The plan is to give back a bit to thank you for all you do to help the community have a safe, clean and positive recovery atmosphere where anyone can come and find sobriety.

As we start the new year fresh and renewed, we remember that each day can be a fresh start and any time during the day, we can start over. Starting over is possible, healing is possible, and recovery is the easier, softer way.

Wishing you all the best in your journey,

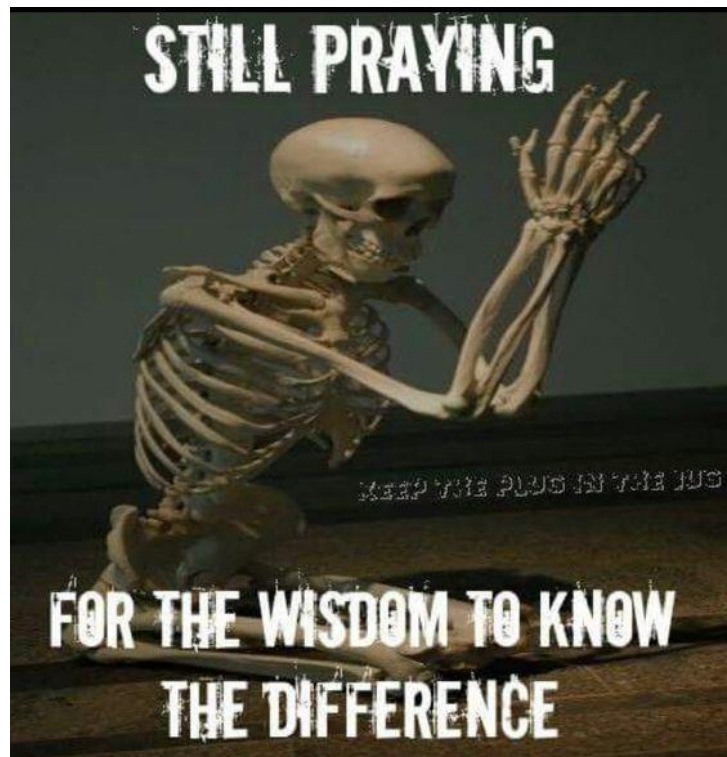
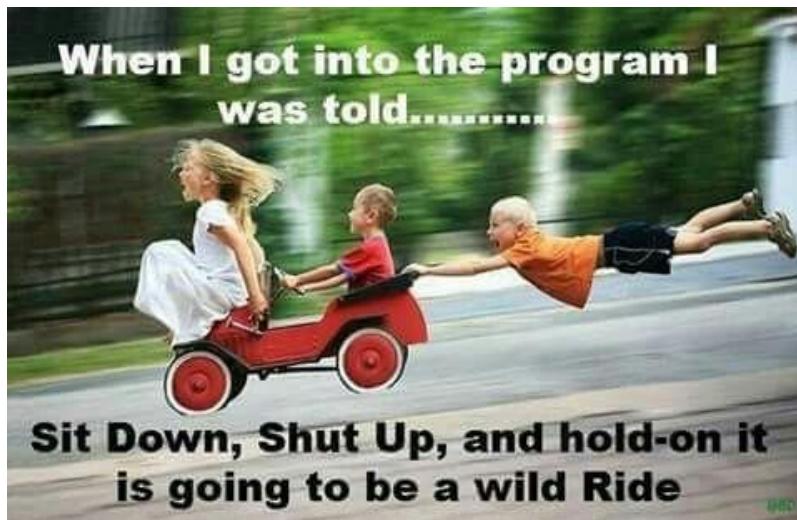
Greg G

Please share your feedback!! ( [wsfcnewsletter@gmail.com](mailto:wsfcnewsletter@gmail.com))

### **Peg's Place**

**This is a special section dedicated to the people looking for something funny from the Club Newsletter, namely Peg. The opinions expressed are NOT Peg's but I think Peg will find them funny.**





**The 10:00 AM Weekday Meetings Need Your Support!  
The 3:00 PM Meetings Need Your Support! (M, W, F)**

**Just a reminder – all membership dues for 2017 are due on 1/31/17**

**Renewal notices have been mailed, please help support the club!**

## NEW MEMBERS

### We have no new members for December !

It's a great time to invite a friend to join us on our journey!

There are a number of great reasons to both become a member and to keep your membership active. Meetings. Fellowship. Social events. Service. What are your reasons for being a member? I'd love to hear them, let me know at [wsfnewsletter@gmail.com](mailto:wsfnewsletter@gmail.com).

Join today, or renew your membership....your contributions are vital to keeping the doors open.

## UPCOMING EVENTS IN THE AREA

**WSFC Membership Appreciation Day** – Saturday January 28<sup>th</sup> from 3 – 7 PM at the WSFC

**WSFC Super Bowl Party** – Sunday February 5<sup>th</sup> from 4 PM - ???? at the WSFC

**6<sup>th</sup> Annual DuPage County Open** – Saturday February 18, 2017 Parkview Community Church in Glen Ellyn 7-8:30 PM

**ISCYPAA** – February 24-26, 2017 Holiday Inn Convention Center, Gurnee, IL. Go to [www.iscypaa.org](http://www.iscypaa.org) for more details.

**NIA Spring Conference and Assembly** – March 24-26, 2017 – Hyatt Regency Schaumburg

**Women's 2017 Spring Retreat** – March 31 – April 2, 2017 – Villa Deiderata in McHenry, IL.

Email Tracy A [tracy.albin@gmail.com](mailto:tracy.albin@gmail.com) with any questions.

**2017 Illinois State Conference** – August 11 – 13 – Crown Plaza in Rosemont, IL call Tom C 708-846-5560 to volunteer

The WSFC Newsletter welcomes all feedback and input. If you'd like to add, collaborate, participate, etc....let us know at [wsfnewsletter@gmail.com](mailto:wsfnewsletter@gmail.com)!