

October 2016

WSFC Newsletter

“And we have ceased fighting anything or anyone – even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in apposition of neutrality – safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God’s will into all of our activities.” Big Book P 85

These were the promises that got me excited when I first arrived in the rooms. I wanted to know if not drinking was going to be as difficult as it was in the beginning. My sponsor directed me to this passage and I was thrilled. I immediately became determined to work as hard as I could to get to this point in my recovery. I did, and it was awesome. This was the real miracle of recovery for me in my life.

However, I pretty much stopped reading at the end of the first paragraph above. I ignored the warning that follows. And exactly what it says could happen, did happen. It didn’t happen immediately, but slowly over time.....I was headed for trouble, and eventually wound up in trouble. I’ve watched a whole bunch of drunks take their foot off the gas when the obsession was lifted. Invariably, they all wound up in trouble. Some drank. Gratefully I didn’t. I did learn though that there is a drastic difference between blessings and recovery. I had them confused. I paid the price.

This program is amazing, it never fails, provided that I strive to maintain my spiritual condition each day. I have to continue to work with others, pray, attend meetings, and work at staying connected to my sponsor and others. It NEVER fails.

ANNIVERSARIES – CONGRATULATIONS!!!

October

Wayne H 34	John O 11	Todd F 7	Charles B 1
Arturo B 13	Jim Mc 10	Kevin S 3	James K 1
Sally S 11	Ron S 7	Ed H 2	Jeni M 1

Peg's Place

This is a special section dedicated to the people looking for something funny from the Club Newsletter, namely Peg. The opinions expressed are NOT Peg's but I think Peg will find them funny.

BRACE YOURSELVES



**YOU'RE ABOUT TO DISCOVER
IT'S NOT ALL ABOUT YOU**

When the weird guy won't stop talking to you at the end of the meeting and you tryin' to be nice



**AFTER MY FOURTH WHISKEY, I HEARD IT
WHISPER**

A photograph of two glasses of whiskey with ice cubes. The glass in the foreground is in sharp focus, showing several large ice cubes and the golden liquid. The background glass is slightly out of focus.

**"NOW IS THE TIME TO TELL PEOPLE
WHAT YOU REALLY THINK."**



Ruin a first date in 4 words



I'm a recovering addict

The President's Corner

Our esteemed president is taking the month off, stay tuned til next month

Please share your feedback!! (wscnewsletter@gmail.com)

The 10:00 AM Weekday Meetings Need Your Support!
The 3:00 PM Meetings Need Your Support! (M, W, F)

SPOTLIGHT ON SOBRIETY

Name: Jenny V

Sobriety Date: 1/23/14

Hometown: Naperville

Home Group: 5pm Happy Hour Group

Favorite thing about the WSFC:

The mix of newcomers and old timers. The amount of available meetings. The Women's, Sisters in Sobriety meeting. The perspective you receive at meetings bring hope, inspiration, and the answers I need to stay sober and live life on life's terms.

Favorite recovery quotes:

The Acceptance Prayer

FEAR = False expectations appearing real.

Fear drives me, let God drive.

Fear vs Faith – Fear is always a negative outcome, faith is always positive.

My all time favorite is, "it's a choice." I choose how I feel, how I think, how I act, how I respond, and if I choose to pick up a drink, I am choosing to mask any of those things. I choose to work step 3 and let go and let god. I choose sobriety today.

What would you have told the newcomer you?

The WSFC is a place where you can come to feel welcome, loved, secure, and safe from any judgment. This is a place where you can learn to live a peaceful life, with a higher power guiding you and keeping you sober, along with some of the most amazing people you will ever meet.

Why is service important to you?

By working the steps, I have realized that I let my selfishness and self centered attitude destroy my life with drinking and drugs. Today I choose to be unselfish with my time, my prayers, my actions and I choose to give back to the program that so freely was given to me. It is such a gift to have this program in my life, that service work and sharing the message helps me stay sober, helps me learn new things each day about myself, the 12 steps, the big book and much more. In reality it is my selfishness coming into play when I do service because it makes me feel better in the long run. I take the responsibility statement very strongly, I want my hand to always be available.

Why is being a member of the WSFC important to you?

It is the place I call home, it is the place that I learned to live life. It is a part of me now. If me being a member keeps the doors open to help just one alcoholic, then it is worth every penny. I also have that selfishness again to feel a part of, to feel needed to feel like I am helping another drunk. It helps me stay sober.

NEW MEMBERS

Welcome to our family! Thank you for your support!

Ray D	Jeff B	Linda W
Erin J	Brian M	Mark H

It's a great time to invite a friend to join us on our journey!

There are a number of great reasons to both become a member and to keep your membership active. Meetings. Fellowship. Social events. Service. What are your reasons for being a member? I'd love to hear them, let me know at wsfcnewsletter@gmail.com.

Join today, or renew your membership....your contributions are vital to keeping the doors open.

If you haven't heard already – Club Memberships are now \$50 for the rest of the year!

UPCOMING EVENTS IN THE AREA

Big Book Conference – October 29 – 9:00 am – 4:00 pm – Wheaton Bible Church, Wheaton, IL
– call Jason @ 312-834-1819 with questions or email niabigbookconference@gmail.com

McHenry Soberfest - November 18-20 – Grand Geneva Resort, Lake Geneva, IL –
www.soberfest.org

We Are Not Saints Convention – January 12-15, 2017 – Holiday Inn Chicago, Skokie, IL –
www.wearenotsaints.com

NIA Spring Conference and Assembly – March 24-26, 2017 – Hyatt Regency Schaumburg

The WSFC Newsletter welcomes all feedback and input. If you'd like to add, collaborate, participate, etc....let us know at wsfcnewsletter@gmail.com!